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Catholic Education Trust

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Head Teacher: Mr. P. Craig

Tuesday 10th January, 2022



Dear Parents/Carers,

Welcome back and a Happy New Year. I hope you have all had a restful and enjoyable fortnight.

Exciting news! We have been chosen as a 'Kindness Matters' school, meaning we will be promoting kindness to ourselves, others and our environment EVEN MORE!

'Kindness Matters' is a programme that promotes an even more positive approach to life, both in school and at home. Children are encouraged to reflect on how they have been kind, and how we can improve our 'kindness'.

Today, our whole school met John Magee, who is known as the 'Kindness Coach', and he introduced the 30-day Kindness Challenge. All of our pupils are being challenged to be kinder over the next 30 school days, and to reflect on their journey. They will watch a short video clip led by John at the start of each school day which promotes a 'kind' idea. Examples of this are:

- saying something nice to an adult
- throwing rubbish in a bin
- contacting an elderly relative

Pupils in Early Years and KS1 will reflect on their kindness at the end of each day with their class. However, we are asking KS2 pupils to do this at home, and each has been given a 'Challenge Booklet' to complete at the end of every day. Instructions on how to complete it are in the booklet. We ask that completed booklets are brought back in after the final challenge day on Monday 20th February, which is the first day back after half term.

Following this, we are holding a 'Kindness Matters' week, beginning Monday 13th March, with a day with 'Rock Kidz' on Tuesday 14th March and ending with a 'Super Learning Day' with John on Friday 17th March.

We welcome any photos you may take of your child either being kind or reflecting on their kindness. Please send any photos to enquiries@stjosephsjarrow.co.uk

We are really looking forward to being more 'kind'. Hope you are too!

Yours sincerely

Mr P Craig
Headteacher



Better Health
at Work Award
Bronze Award