

WEEK ONE



Jackie Potato available everyday

WEEK TWO



WEEK THREE



CHADWICK'S KITCHEN

Autumn & Winter 2022

Monday

choose a main meal:

Pizza Monday!
Cheese and Tomato Pizza (V)
Or
Vegetable Quesadilla (V) Or 🍌
Or
Roasted Vegetable Pasta Bake (V) Or
Jacket Potato with choice of topping

on the side:

Potato Wedges
Baked Beans
Sweetcorn
Fresh Carrot Batons
for dessert:
Choice of: Homemade Iced
Sponge, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Pizza Monday!
Cheese & Tomato Pizza (V)
Or
Spaghetti with Tomato Sauce (V) Or 🍌
Or
Vegetarian Lasagne (V)
Jacket Potato with a choice of topping

on the side:

Peas
Corn on the Cob
for dessert:
Choice Of: Chocolate Brownie
Surprise, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Pizza Monday!
Cheese & Tomato Pizza (V)
Or
Vegetable Quesadilla (V) Or 🍌
Or
Crunchy Topped Tomato Pasta Bake (V)
Or
Jacket Potato with choice of topping

on the side:

Broccoli
Sweetcorn
Diced Potatoes
Garlic Bread
for dessert:
Choice of: Apple Comflake
Crunch, Cheese & Crackers,
Fresh Fruit or Yoghurt

Tuesday

choose a main meal:

Home-made Chicken Curry & Rice 🍌
Or
Cheese and Broccoli Quiche (V)
Or
Served with Sliced oven baked Potatoes
Or
Chicken Style Quorn Burrito (V) Or
Jacket Potato with choice of topping

on the side:

Green Beans
Sweetcorn
Homemade Coleslaw
for dessert:
Choice of: Chadwick's Kitchen
Fruity Flapjack, Cheese &
Crackers, Fresh Fruit or Yoghurt

choose a main meal:

Roast of the day, served with Roast 🍌
Potato, Yorkshire Pudding and Gravy
Or
Stuffed Peppers (V) 🍌
Or
Macaroni Cheese (V) Or
Jacket Potato with a choice of topping

on the side:

Mashed Swede & Carrot
Parshipps
Garlic Slice
for dessert:
Choice of: Apple Sponge and
Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Roast of the day, served with Roast 🍌
Potato, Yorkshire Pudding and Gravy
Or
Quorn Roast (V)
Or
Ham Pasta Carbonara Or
Jacket Potato with a choice of topping

on the side:

Carrots
Cauliflower Cheese
Homemade Bread
for dessert:
Choice of: Apple & Banana Cake
& Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Roast of the day, served with Roast Potato,
Yorkshire Pudding and Gravy 🍌
Or
Quorn Sausages (V)
Or
Chicken & Tomato Pasta Or 🍌
Jacket Potato with a choice of topping

on the side:

Carrots
Sprouts
for dessert:
Choice of: Sticky Toffee Pudding
& Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

Wednesday

choose a main meal:

Homemade Mince Beef Pie with Mashed
Potato 🍌
Or
Quorn Sausages with Mashed Potato (V)
Or
Chicken and Tomato Pasta Or 🍌
Jacket Potato with a choice of topping

on the side:

Broccoli
Cabbage
Homemade Bread
for dessert:
Choice of: Mrs Vickers homemade
Jammin' Dodgers, Cheese &
Crackers, Fresh Fruit or Yoghurt

choose a main meal:

Mince & Dumplings with Creamy Potato
Or
Mrs Morton's Sticky Honey Chicken 🍌
Or
Tomato & Basil Pasta (V) 🍌
Or
Jacket Potato with a choice of topping

on the side:

Cabbage
Peas
Diced roasted Sweet Potato
for dessert:
Choice of: Winter Fruit Sponge &
Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Mrs Vickers Spanish Chicken 🍌
Or
Beef Spaghetti Bolognese
Or
Mac n Cheese (V)
Or
Jacket Potato with a choice of topping

on the side:

Cauliflower
Green Beans
Roasted Veg Cous Cous
for dessert:
Choice of: Mr Parkin's Sticky
Ginger Parkin, Cheese &
Crackers, Fresh Fruit or Yoghurt

Thursday

choose a main meal:

Fish in breadcrumbs
Served with Chips
Or
Chinese Egg Fried Rice (V) & Curry Sauce
Or
Jacket Potato with a choice of topping 🍌

on the side:

Peas
Baked Beans
for dessert:
Choice of: Chocolate Crispie
Cake, Cheese & Crackers, Fresh
Fruit or Yoghurt

choose a main meal:

Jumbo Fish Fingers and Chips
Or
Salmon Pasta 🍌
Or
Quorn no meat-ball Sub (V)
Or
Jacket Potato with a choice of topping 🍌

on the side:

Peas
Baked Beans
for dessert:
Choice of: Mr Mc Nally's Viennese
Whirl, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Fish Fingers
Served with Chips
Or
Assorted Panini's
Served with Chips
Or
Jacket Potato with a choice of topping 🍌

on the side:

Peas
Baked Beans
for dessert:
Choice of: Banana Muffin,
Cheese & crackers,
Fresh Fruit or Yoghurt

Friday

Fresh water available everyday

Healthy option on the day
Least food miles travelled

Fresh Salad available everyday