



**St Joseph's Catholic Primary School, Jarrow**  
**P.S.H.E. Curriculum Rationale**  
**2022-23**



## **Intent**

The PSHE (Physical, Social, Health, and Economic Education) curriculum at St. Joseph's Catholic Primary School embraces each child, offering them a safe opportunity to explore themselves, relationships and the wider-world around them.

PSHE provides plentiful opportunities to voice opinions and clarify understanding, encouraging openness within discussion which contributes to the personal development of each individual. The range of aims and activities covered also help our children to appreciate the diverse communities in which we live contributing to their spiritual, moral, social and cultural development. The school also has a dedicated member of staff for the pastoral care and mental health of our children, who liaises with staff and external agencies to ensure the well-being of our children is prioritised at all times.

We offer a valuable curriculum in which information is shared with our children to empower them to make positive decisions about their own health and wellbeing, allowing them to recognise when issues arise. They know how to seek support as early as possible from appropriate sources. In essence, the curriculum aims to promote positive physical, mental and emotional well-being, which is fundamental in the lives of our children both now and as they grow and mature.

## **Implementation**

The PSHE curriculum delivered at St. Joseph's aims to cover all statutory requirements outlined in Statutory Government Guidance. As a Catholic primary school, our Relationships, Sex and Health Education curriculum is taught through the 'Life to the Full' programme from 'Tenten' resources, which is recommended by the Diocese of Hexham and Newcastle.

Using a thematic approach, different year groups will work on similar themes at the same time. The programme for each phase follows 3 modules of work: 'Loved and created by God', 'Created to love others' and 'Created to live in community'. A wide variety of activities are provided including prayers, music, short films and worksheets. It is based on Gospel values and links closely to our Religious Education curriculum. The content of the RSHE curriculum is also supported through the 'Kidsafe', which is delivered by two trained members of staff. Posters are displayed around our school to remind children of the rules on how to keep themselves safe.

As part of our Collective Worship rota, we plan assemblies based on British Values such as Difference, Disability and Age. At St. Joseph's Catholic Primary School, PSHE is closely linked to our RE curriculum. We aim to equip our children with respect for others and an ability to celebrate that we are all unique in the eyes of God.

We aim to ensure that all pupils:

- Grow in self-respect, aim high and celebrate who they are.
- Understand the rights of the child and laws / rules in place to enjoy a happy, healthy and safe childhood.
- Acquire the skills necessary to develop and sustain positive relationships, focusing on family and friends, including online.
- Appreciate and respect differences, valuing the contributions others make to our society.
- Develop resilience when faced with challenging situations knowing how / where to seek help.

## **Impact**

We believe our children will:

- Voice their opinions with confidence, appreciating other points of view.
- Value the importance of a healthy, active lifestyle to both their physical and mental wellbeing.
- Mature into respectable citizens of their local and global community.
- Embrace the challenges of creating a happy and successful adult life.